



Date: 9/30/2025

The Dysart Schools Athletic Conference in addition to Peoria USD and Deer Valley USD will use the NFHS/AIA rules book as the adopted publication for rules and interpretation with the following additional/adjusted information:

### **Rule 1: The Game, Field, Players, and Equipment**

- Teams will have 7 players on the field.
- Section 2 - Article 5: No goal posts will be used
- Section 3 - Article 4: Kicking Toss will not be used
- Section 5 - Article 1 - Uniforms: Schools should do their best to align to the NFHS expectations. However, they should not be penalized if they do not. Uniforms should meet all safety requirements.
- Section 5 - Article 1 - Flag Belts: Schools shall utilize one-piece quick release flag belts (Triple Threat). The flags shall be a minimum of 2” wide and 14” long when measured from the edge of the belt. The flag must have a spring-loaded clip. Needs to contain 3 flags, contrasting in color from the shorts. Each belt should contain a flag on each hip and one on the tailbone.
- The Field and Field Equipment:
  - A. NFHS Diagram #3: Width: 50 yards, Length: 100 (120 with 2 endzones) yards. Elementary sites will accommodate these dimensions as close as possible.
  - B. No Goal Posts
  - C. Marked (minimum home team side) sidelines: end zones, 20 yard zone to gain at each 20 and 40 yard lines. No chain gang needed, as yards to gain are marked every 20 yards.
  - D. Down Marker - Home team volunteer is responsible for holding it.

### **Rule 2: Definitions of Playing Terms**

- Section 19: There will NOT be kicks of any kind - this entails all prior or upcoming rules related to kicking as well.
- Section 20: REMINDER: Defense is REQUIRED to line up at least 1 YARD from the line of scrimmage.

### **Rule 3: Periods, Time Factors, and Substitutions**

- Game Length and Clock Stoppages
  - A. Each game will consist of 2 halves of 25 minutes each.
  - B. The clock will run continuously EXCEPT on the following:





- a. Last 2 minutes of each half:
  - i. Incomplete passes (including spiking the ball)
  - ii. Running out of bounds
- b. Time-outs (2 per half, per team, these do not carry over)
- c. Following a score and during extra point attempts. The clock starts on the next snap.
- d. On change of possession: The clock starts following the next legal snap.
- e. During an injury time-out.
- f. During overtime, there is no game clock
- g. The referee will communicate a 2 minute warning, this is not a timeout. If a possession starts before and runs through the 2 minute clock time, the referee will announce the time remaining at the end of the possession.

#### **Rule 4: Ball in Play, Dead Ball and Out of Bounds**

- No Changes

#### **Rule 5: Series of Downs, Number of Down and Team Possessions After Penalty**

- No Changes

#### **Rule 6: Kicking the Ball**

- There will be no kicking of any kind
- Kickoff: There will not be kickoffs
  - The ball starts at the 20-yard line to begin the game and after each score.
- Punts: There will not be punts
  - The offense will declare their intention to punt, and the ball will be advanced 30 yards downfield and change possession.
- Field Goal and Extra Point Kick: There will not be Field Goals or Extra Point Kicks
  - Extra Points:
    - One (1) point if successful from the 2-yard line
    - Two (2) points if successful from the 5-yard line

#### **Rule 7: Snapping, Handling and Passing the Ball**

- No Changes

#### **Rule 8: Scoring Plays and Touchbacks**

- Section 1: Point Values



- No Field Goals:
- Extra Points:
  - One (1) point if successful from the 2-yard line
  - Two (2) points if successful from the 5-yard line
- Section 4: No Field Goals

## **Rule 9: Conduct of Players and Others**

- Section 3 - REMINDER: SCREEN BLOCKING PERMITTED
  - Players are not permitted to initiate contact

## **Rule 10: Enforcement of Penalties**

- No Changes

## **Sportsmanship**

A student-athlete or coach, who is ejected from a game, will be suspended for one game. If that same student-athlete or coach is ejected from a game a second time during the same season, they will be suspended for the remainder of the season. If the ejection occurs during the last game of the season, the suspension will carry over to the next sports season.

